

Total Customized Fitness presents...

# BIGGEST WINNER FITNESS CLASSES

Come Outside and Play!



FINALLY the weather is turning, and we are all ready to soak it up!  
Why not enjoy the weather with a group of friends while getting some exercise as well?

Biggest Winner Fitness Classes are for beginners and advanced athletes. How is that so? We have experienced, certified trainers who are trained to modify exercises at a moment's notice. The environment of the great outdoors lets us do that in a unique way so that each individual is challenged to their level. And, everybody who shows up is a winner!

What do you need to do?

- 1) Find a group of friends who want to get in shape. (Minimum of 5!)
- 2) Schedule a free class with us.
- 3) Create a schedule with your group and your trainer.
- 4) And, if you are really motivated, join our Biggest Winner Competition and see which one of you will get training for free!!!

Come join us for  
fun cardio and  
strength classes  
outdoors!

General pricing :

4 Classes for \$48  
8 Classes for \$84  
12 Classes for \$120  
Drop in fee \$15

For more info or to sign up,  
please contact us at 216-513-  
4196 or visit us online at  
[www.totalcustomizedfitness.com](http://www.totalcustomizedfitness.com)

**Be the Biggest  
Winner!**