

Signature Group Fitness Waiver and Policies

In consideration of being allowed to utilize the equipment and facilities of and participate in the activities and programs of Signature of Solon's Fitness Center and Fitness Classroom, in addition to the payment of any fee or charge, I do hereby waive, release and forever discharge Signature of Solon and any administrators charged with managing, providing or teaching fitness classes and events and all others from any and all responsibilities or liability from injuries or damages resulting from my participation in any activities, or my use of equipment in the above mentioned activities. I do also hereby release all of those mentioned, and any others acting upon their behalf, from any responsibility or liability from any injury or damage to myself, including those caused by the negligent act or omission of any of those mentioned or others acting on their behalf, or in any way arising out of or connected with my participation in any activities.

I understand and am aware that strength, flexibility, and aerobic exercise, including the use of equipment, are a potentially hazardous activity. I also understand that fitness activities involve a risk of injury and even death, and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks or injury or death. Each participant is responsible for informing his/her instructor of any medical issues.

Group Fitness:

- Classes are scheduled on a monthly basis. In order for a class to be scheduled, a minimum number of participants are required to reserve spots prior to the start of the month.
- To ensure/reserve a space in a class, payment must be made prior to the start of the first month's class and classes may be cancelled due to low enrollment.
- Payments can be made by cash, credit card or check (TCF, LLC).
- If you need to miss a pre-paid class, contact the instructor at least 24 hours before class to report your absence (so that we can give ample notice to wait listed participants) and schedule a make-up class. Make-up classes are available for 30 days after the missed class.
- Cancellations with less than 24-hours notice are considered no-shows and cannot be made up or reimbursed.
- Missed classes can only be made up by attending another class within 30 days. We cannot transfer balances for missed classes from month-to-month.

Name: _____

Signature: _____

Address: _____

Phone: _____

Email address: _____

Parent/guardian name: _____

Signature of parent/guardian if child is under the age of 18:

Date: _____

Birthdate: _____

Text: Y/N

FOR MOST UP TO DATE CLASS INFO VISIT <http://tinyurl.com/TCF-Classes>
admin@totalcustomizedfitness.com